

EXECUTIVE SUMMARY

WORKLOAD DESIGN AT PT. MEGA TRADE TRITAMA

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This practical work aims to balance Work Life, and Intention to Work Life with a system and management records at PT. Mega Trade Tritama in order to overcome a Relationship between Work Balance and Intention on problems that commonly occur in the company. This practical work activity is carried out on 10 July 2016 until 30 November 2018. The design of the results of the practical work is carried out directly by interview and observation with the owner of the company.

From the Job Training carried out by the Author in accordance with the Analysis based on the conditions and problems, and carried out with the same design as the requirements for the company. With the system used based on the Company Profile, Organizational Structure, Inventory, Work Organization Work Team, and Understanding of goods.

This design system in management is designed based on management standards, runs smoothly and in accordance with the plan or target of the company. With the system the owner of the company PT. Mega Trade Tritama makes it easy to make a decision for the company's future.

Keywords: Balance of Work Life, Intention to Work Life, Engagement of Work Life, Workload, Job Stress